

Some Examples of Fears

Abandonment	Failure	Men or Women
AIDS	Future	Not Fitting In
Alcohol	Getting Old	Not Being Enough
Animals	God	Of the Unknown
Authority	Government	Parents
Being Bad	Heights	Past
Being Found Out	Homosexuality	Physical Pain
Being on My Own	Hostility	Police
Being Stupid	Humiliation	Poverty
Being Ugly	Inadequacy	Races (other)
Confrontation	Insanity	Rejection
Creditors	Insects	Relapse
Crying	Insecurity	Responsibility
Darkness	Intimacy	Self Expression
Disapproval	I.R.S.	Sex
Disease	Jails	Sin
Doctors	Loneliness	Stealing
Drowning	Losing Children	Success
Drugs	Losing Husband	Violence
Dying	Losing Jobs	
Economic Insecurity	Losing Wife	